



## WHAT TO BRING

**PACK ALL MEDS IN ORIGINAL PRESCRIPTION BOTTLES AND PUT INTO A BAGGIE WITH CAMPERS NAME.**

Each camper should bring either one duffel bag or one suitcase.  
Please do not overpack! Space to unpack in each cabin is limited.

The following is a list of clothing and personal items you might need at camp.  
**We understand if you do not have all of the items on the list.**

6 T-Shirts  
1-2 Pair of jeans or other long pants  
2 pair of shorts  
Sufficient underwear and socks (6 pair)  
1 pair of pajamas/nightshirt  
2 pair of shoes  
1 swimsuit  
1 light sweater, sweatshirt or jacket  
1-2 bath towel(s)  
Toothbrush and toothpaste  
Comb/hairbrush  
Shampoo and soap with soap-box or plastic bag  
Flashlight with extra batteries  
Tissues  
Sunblock/Mosquito repellent

**YOUR CHILD MUST BRING EITHER A SLEEPING BAG & PILLOW  
OR SHEETS, BLANKET AND A PILLOW.**

## OPTIONAL FOR EVERYONE

Camera and film

## TALK WITH STAFF

Before camp . . . if you have a special problem, please call the camp office.

## LABEL ALL ITEMS

All clothing and personal items must be clearly marked with the camper's **FULL NAME**. If using name tapes, sew them securely and where they can be seen. If marking with indelible laundry ink make sure it is legible. Campers must assume responsibility for the proper care of personal belongings. **CAMP ASSUMES NO RESPONSIBILITY FOR LOST ITEMS.** Camp will make every effort to return lost articles if we can identify the camper. Lost and found articles can be claimed at the camp office.

There will be no laundry service for the week.



## **WHAT NOT TO BRING**

Many campers wish to bring certain items to camp that we feel are unnecessary or inappropriate. *Please do not bring the following to camp:*

- a. No phones**
- b. Electrical appliances\*\***
- c. Items of value, such as: watches and jewelry**
- d. Matches, cigarette lighters, fireworks of any kind**
- e. Cigarettes and alcohol beverages**
- f. Knives**

\*\*OK to bring hair dryers

Remember that the camp is not responsible for articles of clothing or personal belongings lost or damaged.

## **TELEPHONE CALLS**

No provision has been made to permit campers to receive or make calls except in an emergency and then under the supervision of the Camp Director or staff. Please do not ask campers to call in your pre-camp discussions or in mail from home.

## **VISITATION**

Visitations during the week at camp are not allowed. Our philosophy is that when the child is at camp, especially for the first time, there is a better opportunity for good adjustment and meeting the challenges of camp if the stay is uninterrupted by the parental visit. Regrettably, we will have to turn away unexpected and uninvited visitors.

## **SPECIAL DIETS**

Any provisions for special diets must be made well in advance, in writing, through the camp office. We will do our best to accommodate certain dietary limitations.

## **MAIL FROM HOME**

Mail from home is an important factor for all campers – the first time camper, and even the teenager. If you choose to write please mail your letter and/or postcards before the camp session begins to ensure arrival.

## **SEND YOUR MAIL TO:**

CAMPER NAME  
Dream Street  
c/o Forest Home Ojai Valley  
655 Burnham Road  
Oak View, CA 93022



## CHECK LIST: (The week before)

Have you remembered?

- \_\_\_\_\_ Extra eye glasses or prescription.
- \_\_\_\_\_ All medicines in **ORIGINAL PRESCRIPTION BOTTLES** and instructions for the nurse.
- \_\_\_\_\_ Camper's clothes, baggage, etc., all marked with camper's **FULL NAME**.
- \_\_\_\_\_ Double check clothing list.
- \_\_\_\_\_ Arrange for transportation to bus on morning of departure.
- \_\_\_\_\_ Hearing aid batteries.